DOES PLEASURE PLAY A ROLE IN YOUR SEXUAL DECISION MAKING? HOW DO YOU TALK ABOUT SEXUAL HEALTH? START THINKING ABOUT PLEASURE!

DID YOU KNOW?

FRAMING SEXUAL HEALTH AROUND PLEASURE IS MORE MOTIVATING THAN PROMOTING THE NEGATIVES OF **UNSAFE SEX.**

• For instance, some people feel less anxiety when having sex with a barrier, and lessened anxiety can lead to increased pleasure in sexual encounters.

PLEASURE COMES FROM FEELING SAFE, AND GETTING AND GIVING CONSENT IS ALWAYS A NECESSARY STEP. HERE ARE SOME RESOURCES TO HELP YOU EXPLORE WHAT MAKES YOU

- Birth Control Consultation: SHAC
- External Condoms: SHAC, OHP, GSC
- Dental Dams: GSC
- · Internal Condoms: SHAC, GSC
- Lube: SHAC, GSC
- Non-Latex Condoms: SHAC, GSC
- Non-Lubricated Condoms: SHAC, GSC
- Flavored condoms: SHAC, GSC
- Consent Conversations: Title IX

As always, any of these offices are available for general questions.





