#### A STUDENT-MADE RESOURCE GUIDE

## BEYOND FINANCIAL AID

### Student Orgs & Club Sports

- Most expenses for groups are covered by the college. For example, CANOE, the outdoors club, provides equipment and food for trips.
- Any student on financial aid can apply to waive two-thirds of the Student Activity Fee. Each October, the CSA President sends an email to the campus with a link to the application. For more information, contact CSA Treasurer Jeremy Keane at keanej@carleton.edu.
- Costs are covered for varsity and intramural sports teams, but costs for club teams vary depending on uniforms and flight costs. If you are interested in the cost of a specific team, the contact information for is listed at apps.carleton.edu/campus/rec/club/.
- Be prepared to advocate for yourself if you need help paying: teams and groups work together to help members who need assistance.

### Student Health and Counseling

- Free counseling and medical appointments are available, and free light box therapy is available for students with seasonal affective disorder.
  - Antibiotics cost \$10-15, and birth control costs \$10/month.
  - Free transportation vouchers for any medical appointments off-campus are available at the Info Desk in Sayles Hill or online.

Personal or medical leave is permitted for three Carleton terms.

# TRIO / Student Support Services

- TRIO is a federally-funded program that supports first-generation, low-income, and disabled students. You apply during the summer before your freshman year. For more information, visit apps.carleton.edu/campus/trio, or contact Director Trey Williams at twilliams@carleton.edu.
- TRIO has an incredibly supportive staff and peer leader team to help you adjust to life at Carleton. Additionally, TRIO has many resources for its students, such as a lending library for textbook needs, academic advising, educational workshops, graduate school preparation, and leadership activities.

### Studio Art, CAMS, and Music

- Studio art classes often have fees for materials, and students should contact their professor if they need assistance. Contact art professors David Lefkowitz at dlefkowi@carleton.edu or Daniel Bruggeman at dbruggem@carleton.edu for more information.
  - CAMS (Cinema and Media Studies) production classes require that you have SD cards and other equipment. Students often borrow equipment from other students, and TRIO sometimes financially supports TRIO students for CAMS materials. Contact CAMS Technical Director Paul Bernhardt at pbernhardt@carleton.edu with further questions.
  - Carleton has instruments that can be checked out free. Many classes with instrumental components and most ensembles have no charge. Music lessons cost extra, but grants for one course per term are available at apps.carleton.edu/campus/sfs/applying\_aid/musiclessondone/ if you accept a full aid package and meet the online application deadline.

# Internships, Fellowships, and Off-Campus Studies

- A variety of funding opportunities are available for students who show financial need and who have secured a low-paying or unpaid internship. You can find them through the Career Center at apps.carleton.edu/career/students/internships/Fund/. Funding support for a variety of activities is available through the Office of Student Fellowships. For more information, visit go.carleton.edu/fellow.
- Off-Campus Studies provides scholarships and grants to cover the cost of airfare, visas, and personal expenses at apps.carleton.edu/curricular/ocs/money\_matters/carletonscholarships/. For example, the Iseminger Scholarship is selectively awarded to first years with demonstrated financial need and helps to fund Carleton-sponsored programs you may participate in later in your academic career.

#### Student Financial Services

- If your financial situation changes during the middle of the year or summer, you can contact Student Financial Services to reevaluate your financial aid. For more information, go to to apps.carleton.edu/campus/sfs/packages/review/.

  Interfaith Social Action
- The Student Financial Services Office is located in Henry House and is a great resource if you have financial questions. Contact Director Rod Oto at roto@carleton.edu for more information.

Last Updated Fall 2016
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