

Carleton College

ALUMNI ADVENTURES

Explore the world

ROME & SICILY: LAYERS & LEGACIES

March 11 - 22, 2017 (12 Days) with Carleton History Professor William North



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“By far, the best part of our tour was the high level of scholarship brought by the leaders.” – Janice, California

Dear Carleton College Alumni and Friends,

I am delighted to invite you to join Carleton alumni for a “spring break” in Italy. Travel and learn with Carleton history professor William North and an expert local guide, sharing in the many highlights of this in-depth, 12-day adventure. Visit four UNESCO World Heritage sites: Rome’s historic center, Tivoli’s Villa Adriana and Villa de’Este, and Sicily’s Arab-Norman Palermo and Monreale Cathedral; plus a day trip to Vatican City, free time to relax and explore independently, and more.

Enjoy the comfort and convenience of being based in just two hotels—one in the center of Rome and the other in the center of Palermo—allowing you easy access to local sights and restaurants. Immerse yourself in the rich cultural and religious histories of these cities through their magnificent displays of art and architecture, delving deep into Italy’s rich layers of history, from the ancient Romans to the medieval Normans and modern Italians.

I hope that you will take this opportunity to ignite, or reignite, your passion for the wonders of Italy in the company of fellow Carls and friends.

Sincerely,

Sarah Ladner Maris '85

Sarah Ladner Maris ('85)
President, Carleton College Alumni Association

ITINERARY

(B)= Breakfast, (L)= Lunch, (R)=Reception, (D)= Dinner

Saturday, March 11, 2017: Depart USA

Depart home today on flights to Rome, Italy.

Sunday, March 12: Rome

Upon arrival at Rome’s Fiumicino Airport, take a group transfer (time TBA) by private bus to our hotel in the city center. After some free time to relax, or to independently explore the neighborhood, gather for a welcome reception and a traditional Roman dinner at the Trattoria del Gatto Bianco. *Overnight at Hotel Portoghesi for seven nights.* (R,D)

Monday, March 13: Classical Rome

This morning we meet our local guide and discover the glories of ancient Rome, starting with a visit to Palazzo Valentini, which sits atop ancient Roman houses (now excavated, restored, and on display as a multimedia museum) whose mosaics, wall decoration, and polychrome floors have been enhanced by the use of technology. Through the Imperial Forum, continue on to the Arch of Constantine and the Colosseum, Rome’s huge amphitheater that accommodated 50,000 spectators. Lunch will be at Osteria Angelino, founded in 1899, a traditional restaurant located a few steps from the Colosseum. This afternoon, visit (reservation pending) the House of Augustus, Rome’s first Emperor, on the Palatine Hill. Reopened in 2008 after extensive restoration, its colorful wall paintings and mosaic floors are stunning. The evening is at leisure. (B,L)

Tuesday, March 14: Rome | Tivoli | Rome

After breakfast, drive to Tivoli, a town hosting some of Italy’s top cultural treasures. Begin at the UNESCO World Heritage site of Villa Adriana (Hadrian’s Villa), a 2nd-century CE complex of buildings featuring pools, baths, fountains, gardens, theaters, and the Imperial Palace. Continue on to the magnificent Villa d’Este, another of Italy’s UNESCO World Heritage sites. Emblematic of the elegance of Renaissance culture, it features a palace and elaborate garden. Among the dozens of garden fountains is the Fontana dell’Organo, featuring a mechanism that, by means of water, creates organ-like notes. Enjoy lunch on your own in Tivoli’s charming city center, and take the opportunity to stroll through its



Above, the Arch of Constantine, built in 315 CE.
Below, the Colosseum, built between 70-80 CE.
Bottom, the Villa Adriana.



alleys at your own pace. You might choose to explore Villa Gregoriana, a natural park characterized by forests, trails, caves, and the famous waterfall formed by the diversion of the Aniene River. Return to Rome for an evening at leisure. (B)

Wednesday, March 15: Religious Rome

Spend today discovering Rome's most beautiful churches, beginning with Santa Maria in Trastevere: nestled in a quiet corner of Trastevere's square, it is said to be Rome's oldest church dedicated to the Virgin Mary. Continue on to nearby Santa Maria in Cosmedin, one of the city's most interesting churches, with important medieval art, an unusual crypt, and an atmosphere of antiquity. In the porch, the greatest attraction is the *Bocca della Verità* ("Mouth of Truth"), a large, ancient Roman marble mask that was set here in 1632. Its name and popularity derive from a medieval legend that if a liar placed his hand in its mouth, it would be bitten off. (The legend was charmingly tested by Audrey Hepburn and Gregory Peck in the film *Roman Holiday*.) Take some time to relax and immerse ourselves in the atmosphere of the Jewish Ghetto, with a kosher-Roman lunch at Nonna Betta's. The majestic Jewish Synagogue is right around the corner, and the Museum houses a magnificent collection dating back to the years of the Ghetto (1555-1870), including silver objects and textiles. Drive to San Clemente, an early Christian Basilica dedicated to Pope St. Clement (d. 99 CE). The church has a beautiful interior, but is especially notable because the 12th-century basilica was built on top of a well-preserved 4th-century church with many frescoes, which was built next to a 3rd-century Mithraic Temple. Exploration of the lower two excavated levels is a fascinating journey into the history of Rome. Santa Maria Maggiore Basilica, the largest Catholic Marian church in Rome, is located a stone's throw from Santa Prassede, a 9th-century basilica with glorious mosaics in the apse as well as mosaic floors in complex geometrical patterns. It includes a piece of the scourging column of Christ, brought from Constantinople in the Middle Ages; relics from the catacombs in the crypt; and a monument by a 17-year-old Bernini. The evening is at leisure. (B,L)

Thursday, March 16: Rome | Vatican City | Rome

Today is dedicated to Vatican City, headquarters of the Roman Catholic Church, where we will visit the Vatican, St. Peter's Square, and the sumptuously decorated Basilica, the most important church in all Christendom, where we will admire Michelangelo's *Pietà*, the gigantic bronze canopy by Gian Lorenzo Bernini, and the tombs of the Popes. Pending special permission by the Vatican State, we will make a special visit to the necropolis underneath the Basilica, where the tomb of St. Peter is located. Lunch and the afternoon are at leisure, perhaps to visit the Sistine Chapel and Vatican Museums, housing one of the most important art collections in the world, with masterpieces by Botticelli, Caravaggio, and Raphael. Return to Rome for an independent evening. (B)

Friday, March 17: Baroque Rome

This morning we explore Baroque Rome with a walking tour of the historic center: starting from the Spanish Steps we reach the magnificent Piazza del Popolo walking along Via Margutta, the street of art galleries and ateliers. Arrive at the imposing Pantheon, built in the 2nd century CE by Emperor Hadrian (atop earlier temples), whose enormous dome is a testament to Roman engineering. Take a break in one of Rome's famous coffee shops, where we will learn the secrets of the Italian way of a tiny cup of coffee—a social ritual, a private break, or an offer of friendship. Continue on our walk to Piazza Navona, and admire the famous Fountain of the Four Rivers by Bernini. Discover the 17th-century Baroque church of Sant'Agnese in Agone, before exploring one of Rome's most interesting examples of Renaissance architecture: the National Roman Museum at Palazzo Altemps, whose collection of Greek and Roman sculpture once belonged to 16th- and 17th-century Roman nobility. Lunch and the balance of the day are at leisure. (B)

Saturday, March 18: Leonardo's Rome

Make a morning visit to Museo Leonardo da Vinci, an exhibit dedicated to a true "Renaissance man"—a genius who was a painter, carver, architect, engineer, mathematician, anatomist, musician, and inventor. The exhibition features interactive and life-sized models of some of the most renowned machines designed by Leonardo, plus studies of his art. Lunch and the afternoon are at leisure. We gather for dinner at the pizzeria Da Pasquale, a few steps from our hotel, serving the best pizza as well as traditional Roman dishes in an informal atmosphere. (B,D)



Above, the rotunda inside the Pantheon. Below, the Altar and Ciborium of Santa Maria Maggiore Basilica. Bottom, the "Mouth of Truth" at the church of Santa Maria in Cosmedin (inset: a scene from *Roman Holiday* with Audrey Hepburn and Gregory Peck).



© Phyrexian

Sunday, March 19: Rome | Palermo, Sicily

After breakfast we check out of our hotel and transfer by private bus to Rome's Fiumicino airport for our short flight to Palermo. Upon arrival we will transfer to our hotel, located in the city center. After some free time to settle in and have lunch, we gather for an afternoon visit of the Palazzo dei Normanni (Norman Palace), a UNESCO World Heritage site with spectacular mosaics. The building is the oldest royal residence in Europe, once the home of the rulers of the Kingdom of Sicily. On the second floor is the Cappella Palatina (Palatine Chapel), a masterpiece with an Arab-style vaulted, wooden roof and mosaics by Greek artists from Constantinople. Enjoy dinner tonight at Saponi Perduti restaurant, offering authentic Sicilian specialties in a warm and cozy atmosphere. *Overnight at Hotel Tonic for three nights.* (B,D)

Monday, March 20: Palermo

Our morning is dedicated to the exploration of some of Palermo's most outstanding churches, beginning with the impressive, 12th-century Cathedral dedicated to Our Lady of the Assumption, which boasts a wide variety of architectural styles. Continue to the Norman Church of San Giovanni degli Eremiti with its five Arab-inspired, red domes. Surrounded by a garden of citrus trees, palms, cacti, and ruined walls, it was built atop a mosque that itself was superimposed on an earlier chapel. After lunch on our own, we continue our exploration of Palermo with two other outstanding churches. Start with Santa Maria dell'Ammiraglio, better known as "La Martorana," which dates back to 1143 CE. Glittering Norman-Byzantine mosaics cover the interior and, even after 873 years, the colors remain vibrant. Our last visit of the day is the 12th-century Church of San Cataldo, one of Palermo's most striking buildings, which illustrates perfectly the synthesis of Arab and Norman architectural styles. The balance of the day is at leisure. (B)

Tuesday, March 21: Palermo | Monreale | Palermo

After breakfast we will explore La Zisa, the evocative ruins of a 12th-century Moorish palace that was restored in 1992. There is now a Museum of Islamic Art on the second floor. Our bus will then take us to Monreale, a few miles from Palermo. After an independent lunch amid the village's small alleys and narrow streets, we will gather to visit the last highlight of our trip: the 12th-century Monreale Cathedral. Its building employed both Sicilian and Byzantine craftsmen, resulting in a magnificent fusion of eastern and western influences. The undisputed highlight of the Cathedral is its richly mosaicked interior—68,220 square feet in total. Return to Palermo for our farewell dinner at Lo Scudiero. (B,D)

Wednesday, March 22: Palermo | USA

Check out of our hotel and transfer to Palermo airport for homeward flights. (B)



Above, the Piazza Navona, Rome. Below (2), the cloister and interior view of Monreale Cathedral.



CARLETON COLLEGE FACULTY LEADER



William North joined the history faculty at Carleton in 1999, after receiving his PhD in medieval history from the University of California, Berkeley, and holding a post-doctoral fellowship in Byzantine Studies at Dumbarton Oaks in Washington, D.C. He has developed courses focused on the late Roman world, religion and society in the early Middle Ages, and a range of courses focused on the religious and political history of Rome. Bill has spent more than three years living in Italy and regularly co-teaches an off-campus studies program that brings together history, art history, urban studies, and religious studies in Rome, Ravenna, Venice, and Sicily; the content of this program is particularly dear to his heart. In his scholarship and teaching, he is particularly interested in the dynamics of religious, political, and cultural encounter; the role of art and architecture in communicating political and religious ideas and identities; and the ways in which the legacies of the ancient world are preserved and re-appropriated for contemporary purposes, especially within the Mediterranean World; he recently co-led an NEH Seminar in Rome on the theme Reform and Renewal in Medieval Rome. In addition to being Professor of History and Chair of Department at Carleton, Bill has also directed the European Studies Concentration and currently co-directs the Medieval and Renaissance Studies Concentration as well as the Mellon Mays Undergraduate Fellowship Program.

"The regions and sites visited combined with the lectures were outstanding. Bill North did a fabulous job." - R&S, Minnesota



What to Expect

We are pleased to offer this adventure which offers a second-to-none educational experience while being mindful of value, and features comfortable, 3-star accommodations. You must be in good physical health to participate in this program. The itinerary features a significant amount of walking, with many streets of packed dirt, and some attractions are only accessible via steep staircases with tall, uneven steps. To reap the full rewards of this adventure, travelers must be able to walk at least two miles a day, unassisted, keeping up with fellow travelers. If you have any questions about your ability to participate, we suggest that you visit your personal physician with this brochure in hand and discuss whether or not this program is appropriate for you. In March, the weather in Italy is often rainy and generally damp however in Rome, and particularly in Palermo, it is not uncommon to be warm and sunny. In Rome, average daytime temperatures for March are in the mid-40s to mid-50s F, while in Palermo they are in the 50s to 60s F. *Complete pre-departure details and what to pack will be sent to participants.*

Air Arrangements

Airfare from/to home is not included in the tour cost. Group transfers are provided upon arrival on March 12th and departure on March 22nd. Once you have received your final payment invoice, you should book your flights. If you are considering booking your flights before this time, please contact our office first. ***We do not accept liability for cancellation penalties related to domestic or international airline tickets.***

For questions and reservations please contact:

Carleton College
ALUMNI ADVENTURES
explore the world

800-811-7244

Toll: 603-756-4844 • Fax: 603-756-2922

Email: carleton@studytours.org

Website: go.carleton.edu/adventures

P.O. Box 938, 47 Main Street, Suite One, Walpole, NH 03608

Tour Price (Per Person)

Double Occupancy (25-34 participants)	\$4,295
Double Occupancy (15-24 participants)	\$5,045
Single Supplement.....	\$375

Single room supplement will be charged when requested or required (limited availability).

RATES INCLUDE:

- Carleton College Faculty Leader William North;
- Accommodations in comfortable 3-star hotels as indicated in the itinerary;
- Breakfast daily; 2 lunches and 4 dinners with bottled water or soft drinks, plus coffee or tea and wine with dinners;
- Welcome reception and farewell dinner with cocktails, beer and wine;
- Group arrival and departure airport transfers;
- All transportation by private motor coach for overland travel days, including bottled water;
- Rome to Palermo flight on March 19th;
- All sightseeing and excursions as per itinerary;
- Local English-speaking guides throughout;
- Services of a professional Tour Manager throughout;
- Gratuities to drivers, waiters (for included meals), porters, local guides, and Tour Manager;
- Baggage handling at hotels and airports where available;
- VAT, local taxes and service charges;
- Complete pre-departure materials.

RATES DO NOT INCLUDE: Airfare from/to home; passport and visa fees; all airport fees and departure taxes; cost of personal, trip cancellation, and baggage insurance; transportation of excess baggage; meals other than those listed in the itinerary; personal tips; items of a personal nature, such as laundry; alcoholic or other beverages except as noted above; taxi, telephone, and fax charges; optional excursions or deviations from scheduled tour.

PASSENGER CANCELLATION PENALTIES: All requests by passengers for cancellations must be received in writing by Alumni Adventures. Cancellations received at least one hundred twenty-one (121) days prior to departure are fully refunded less an administrative fee of five hundred dollars (\$500) per person. Cancellations received between one hundred twenty (120) and ninety-one (91) days prior to departure are subject to a fee equal to fifty percent (50%) of the tour cost. Cancellations received ninety (90) days or less before departure are subject to a cancellation fee of 100% of the tour cost.

Prices, itinerary and leader are subject to change. Prices quoted are based on group participation and no refunds will be made for any part of the program in which you choose not to participate. It is understood that refunds cannot be made to passengers who do not complete the tour for whatever reason. *You are strongly encouraged to obtain trip cancellation insurance (an application will be sent with confirmation of receipt of your deposit).*

ROME & SICILY: LAYERS & LEGACIES

March 11 - 22, 2017 (12 Days) with Carleton History Professor William North

Name 1: _____
(as it appears on passport) Carleton Class of: _____

Name 2: _____
(as it appears on passport) Carleton Class of: _____

Address: _____

City: _____

State: _____ Zip: _____

Phone (h) _____

Phone (w) _____

Phone (cell) _____

Email _____

I/We have read the 'What to Expect' section and am/are physically able to participate fully on the program.

ACCOMMODATIONS:

- Double (*one bed*) Twin (*two beds*) Single
 I will be sharing with: _____
 Share-please assign a roommate (not guaranteed)
 I am a Non-smoker Smoker

RESERVATIONS & PAYMENT:

A deposit of \$1,000 per person is required to confirm a reservation. Final payment is due 120 days prior to departure. You will receive an invoice for final payment. **Please note that credit cards are not accepted for final payment.**
 All prices and payments are in US dollars.

DEPOSIT TYPE (PLEASE CHECK ONE):

- Check payable to: EOS Passenger Account-CAA Italy3/17
 Visa Master Card American Express

CC# _____

Exp. Date _____ 3 or 4 Digit Code _____

Name on Card _____

Please complete this reservation form, sign the release statement below, enclose your deposit, and mail or fax to:

Carleton College Alumni Adventures
P.O. Box 938, Walpole, NH 03608-0938
Fax: 603-756-2922

By signing this form, you are acknowledging that you have read and agree to the Terms & Conditions on the reverse.

Signature _____ Date _____

Signature _____ Date _____

Terms & Conditions

Prices quoted are based on group participation and no refunds will be made for any part of the program in which you choose not to participate. It is understood that refunds cannot be made to passengers who do not complete the tour for whatever reason nor to passengers whose required documentation for entry into any country on the itinerary is delayed or denied. **RESPONSIBILITY:** Carleton College and its agent, Eos (hereinafter "Sponsors"), and the tour operator, and/or its agents (hereinafter "Operator") assume no liability for failure to provide the services, transportation, lecturers and accommodations referred to in this brochure to the extent that such services and accommodations cannot be supplied due to delays or other causes beyond the control of Operator, which include but are not limited to sickness, epidemics, pandemics, weather, strike, war, civil disturbances, acts or threats of terrorism, travel warnings or bans, termination or suspension of war risks or other carrier insurance, quarantine, and acts of God. In the absence of negligence on the part of Operator, the participant agrees that Operator has no responsibility or liability of any nature whatsoever for damage to or loss of property, or injury to, or death of persons due to any act, omission or negligence of any carrier, hotel, restaurant, bus carrier, tender service, sightseeing company, or any other persons rendering any of the services or ground portions of the itinerary. The participant further waives any claim against Operator and Sponsors for any such damage, loss, injury or death. Operator and Sponsors shall not be responsible for any additional expenses, delays, substitution of equipment, and/or any act or omission whatsoever by the suppliers of such services, their agents, servants and employees, and the participant hereby waives any claim arising there from. Operator and Sponsors reserve the right to decline, accept or retain any participant at any time. Sponsors and Operator reserve the right to cancel this tour prior to departure, in which case payment will be refunded without further obligation on our part, except when trip cancellation, itinerary changes and/or delays are mandated by any of the aforesaid causes beyond our control, the passenger shall have the option of accepting in lieu of the original tour such rescheduled tour or other substituted tour(s) as may be offered by us, or else, receiving a refund of as much of such advance tour expenditures as Operator and Sponsors are able to recover on the passenger's behalf from carriers, third-party tour vendors, etc., but, Operator and Sponsors shall not have any obligation or liability to the passenger beyond the foregoing. All refunds of passenger payments are the responsibility of Eos and/or the Operator, and the participant agrees that Carleton College bears no financial responsibility for refunding of participant's payments. The passenger contract in use by the carriers concerned (when issued) shall constitute the sole contract between the transportation companies (such as ship operators and airlines) and the purchaser of this tour and/or passage. Participants are encouraged to purchase airline tickets no sooner than 60 days before the tour begins to avoid airline cancellation penalties if a tour is canceled or otherwise modified subsequent to the participant's purchase of those tickets. Sponsors and Operator accept no liability for the purchase of non-refundable airline tickets to the tour departure city and return. Baggage and personal effects are at all times the sole responsibility of the participant. By forwarding of deposit, the passenger certifies that he/she agrees with these terms and conditions, and that he/she does not have any mental, physical or other condition or disability that would create a hazard for him/herself or other passengers. Itinerary: Sponsors and Operator reserve the right to change the itinerary due to weather conditions, availability of anchorages, political conditions and other factors beyond our control without consulting the participants. Participants have no right to any refund or other considerations in the event of these itinerary changes. Rates are based on tariffs and exchange rates in effect at the time of printing and are subject to change prior to departure. Substantial changes in tariffs, exchange rates, the price of fuel, services and labor may increase the cost of arrangements significantly, and we reserve the right to alter our prices. **AS A CONDITION OF ACCEPTANCE, EACH PARTICIPANT MUST AGREE TO AND SIGN THE FOLLOWING RELEASE OF LIABILITY: RELEASE:** Notwithstanding anything set forth above or otherwise contained herein, the signatory clearly understands that the Sponsors are in no way responsible and can assume no liability of any nature whatsoever for the tour and any acts, omissions or negligence by the Operator or by companies and persons with whom the Operator may contract. The signatory has carefully read the list of activities, requirements and conditions as listed in the brochure and application for the tour and is/are aware that the tour and its activities involve the risk of personal injury or death and damage or loss of property. In consideration of the benefits to be derived from participation in the tour, the signatory voluntarily accepts all risk of personal injury or death and property damage or other loss arising from participation on the tour and hereby agrees that he/she and his/her dependents, heirs, executors and assigns, do release and hold harmless Sponsors and the employees, officers, directors, trustees or representatives of Sponsors, from any and all claims, including claims of negligence, illness, personal injury, death or property damage or loss, however caused, arising from or related to this tour. The signatory has read carefully this agreement, and will abide by the conditions set by Sponsors and the Operator as described in the brochure and in the Terms and Conditions of this and other sections as stated herein or elsewhere published. The signatory affirms that he/she has not received or relied on any oral or written representation of Sponsors as a basis for executing this Release.